



# ELMORE MOUNTAIN THERAPEUTICS

## FREQUENTLY ASKED QUESTIONS

### ***What is Cannabidiol?***

Cannabidiol, or CBD, is one of the many cannabinoid compounds found in cannabis. Experimentation with CBD has indicated that it has significant medical benefits for a variety of physical and psychological ailments. Unlike many pharmaceutical medications, CBD is non-psychoactive which makes it an appealing option for patients looking for relief without disconcerting feelings of lethargy or dysphoria. CBD does not make users feel intoxicated, “stoned” or “high”.

### ***What can CBD do for me?***

CBD has shown positive impact on a wide range of symptomatology from aches and pains to anxiety and even cancer, however, it's many benefits are yet to be recognized by U.S. government (F.D.A.). Many users report CBD's substantial efficacy when treating inflammation, pain, anxiety, seizures, digestive issues, cancers, autism, arthritis, diabetes, fibromyalgia, IBS, multiple sclerosis, PTSD and stress, just to name a few.

### ***Is CBD legal?***

Yes. Hemp derived CBD products such as ours are legal in Vermont. Under Vermont Law - Title 6, Chapter 34, strains of cannabis with a THC level of 0.3 percent or lower qualify as hemp, and therefore, as an agricultural product which may be lawfully grown as a crop, produced, possessed, and commercially traded in Vermont.

### ***Is CBD safe to take with other medicine or supplements that I use?***

If you use prescription medications, take supplements or have underlying health conditions that cause concern, please check with your health care provider to make sure that CBD will be safe for your use.